

Dear Friends,

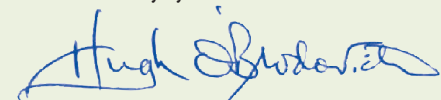
Every day at Packard Children's, I am inspired by the outstanding care our nurses provide to children and expectant mothers. We often hear from patient families who, long after their hospital stays, remember their nurses by name and remain deeply appreciative of the loving attention provided to them through difficult times.

In addition to being compassionate caregivers, many of our nurses are now also establishing themselves as first-rate nurse researchers. Their unique combination of clinical expertise and close contact with patients and families allows them to identify even better ways of caring for children.

Your support makes it possible for our nurses to practice the best medicine available and develop new approaches to care. By giving to the *Lucile Packard Children's Fund*, you have invested in vital and inventive nurse-led studies that otherwise may not have been launched. Your partnership plays an integral role in keeping our nurses—and in turn, our Hospital—at the forefront of pediatric and obstetric medicine.

On behalf of the entire Packard team, please accept our heartfelt thanks for your continued support.

Sincerely yours,



Hugh O'Brodovich, MD
Pediatric Pulmonologist
Adalyn Jay Physician-in-Chief, Lucile Packard Children's Hospital
Arline and Pete Harman Professor and Chair,
Department of Pediatrics, Stanford University School of Medicine




Lucile Packard
FOUNDATION for Children's Health
400 Hamilton Avenue, Suite 340
Palo Alto, CA 94301
(650) 736-8282
supportLPCH.org

RETURN SERVICE REQUESTED

Lucile Packard Children's Fund

Duncan Burgermeister
Associate Vice President

Jennifer Taillon
Director of Direct Marketing

Corina Hankowski
Senior Associate Director

Kevin Lemons
Senior Associate Director

Debbie Burkholder
Assistant Director

Jennifer Hedman-Chase
Assistant Director

Amanda Frederickson
Annual Giving Program Manager

Laura Galloway
Associate

Megan Garner
Associate

Editor:
Jennifer Yuan

Contributing Writer:
Marguerite Hanley

Design:
Dennis Johnson Design

Photography:
Rod Searcey
David Hodges/DNK Digital

Non Profit
Organization
U.S. Postage
PAID
Palo Alto, CA
Permit No. 1

Lucile Packard

Children's Fund Update

Fall 2010



Stay Connected at supportLPCH.org

Have you visited our new home for online giving? You can read stories about the impact of your support, find upcoming events, meet other donors, or make a gift with just a few clicks. Have a look around, and share it with family and friends!



Help Packard Plan for the Future

Making a bequest or other planned gift to Packard Children's can be a meaningful way to define your own legacy. Our gift planning team is prepared to assist you with the bequest language for your will or trust. For more information, please call (650) 736-1211 or visit supportLPCH.org/legacy.

Innovation at the Bedside:
*Packard Nurses Lead Research,
Advance Care for Children and Families*

Innovation at the Bedside

July 12 was a big day for the Ho family of Cupertino. That morning, Cassie Ho, 13, and her father, Simon, both went in for surgery. Due to a condition called biliary atresia, Cassie was facing end-stage liver failure. At Stanford Hospital, a portion of Simon's liver was removed, then rushed next door to Packard Children's and transplanted into his daughter. Just weeks later, both Cassie and Simon are doing well.

Still, some big questions remain. Receiving an organ donation from a parent is a dramatic, life-changing event. Living-related liver transplants occur more often in infants too young to remember what happened. But for older patients like Cassie, how might it affect their physical, emotional, social, and family life in the long term?

Annette Nasr, RN, PhD, is determined to find out. "We need to better understand the experiences of adolescents who have undergone a living-related liver transplant," she says. "But little about the child's perspective is currently documented in transplant literature."

As Simon Ho notes, his family would have benefited from hearing about the experiences of other families that had gone through similar situations. Through surveys and interviews with patients ages 11-18, Nasr is now gathering valuable insights. She hopes to translate her findings into educational materials for youth and families, and to help healthcare professionals understand and address the issues that families face throughout the living donation process.

Nurses as Researchers

Nasr is one of a growing number of nurses who are developing new solutions to unmet challenges. Already recognized as compassionate caregivers, Packard's forward-thinking nurses are now emerging as leaders in pediatric research as well.

"Nurses are in a special position to understand and address patient needs," says Amy Nichols, RN, EdD, director of Packard's Center for Nursing Excellence. "Through their own research, they can produce evidence-based recommendations for better healthcare delivery."

Such creative thinking is being awarded with research grants from the Innovations in Patient Care (IPC) program, which is supported entirely by the *Lucile Packard Children's Fund*. Available on a competitive basis to all clinicians at the Hospital, IPC grants give nurses like Nasr the opportunity to lead innovative studies that will translate directly into more effective care.

Finding a Better Way

Another nurse-led study is under way in the cardiovascular intensive care unit (CVICU), where Sandra Staveski, RN, MS, CPNP-AC, cares for children who have undergone heart surgery. While comfort medications are routinely used to minimize patients' pain and anxiety, they come with drawbacks—the drugs can lead to complications and longer hospital stays.

Staveski is now studying the use of massage therapy, which may reduce the need for medications and minimize their side effects, facilitate lung rehabilitation, reduce the length and cost of hospital stays, and promote patient and family satisfaction. "Massage therapy is currently available only on a limited basis in the CVICU," explains Staveski. "If we can document its effectiveness, we may be able to offer this therapy routinely so that more children can benefit from it."

In the coming years, says Pam Wells, vice president of patient care services, studies like Nasr's and Staveski's will become even more important. "Nurse-led research allows us to translate innovative practices into better patient outcomes. It can transform our understanding of how medical therapies and care practices benefit patients and their families." ●



In 2009, the *Children's Fund* provided more than \$1.2 million to support pediatric research led by Packard nurses and other clinicians, including Sandra Staveski (left and above) and Annette Nasr (right and cover).



A Grateful Family Gives Back



Alexandre Acra

We have put our trust in Packard Hospital and its staff from the moment our children were born there, and again when our son Alexandre needed surgery to save his hand after a bad accident. At Packard we have consistently found peace of mind knowing that we are in the best possible place bar none, with the most competent and kind staff. Giving back as donors to the Children's Fund is a natural expression of our sincere gratitude for that gift of peace of mind.

● Roland Acra and Catherine Corre

Did you know that people give to Packard Children's every day in appreciation for the care they or a family member received? Parents, siblings, grandparents, and friends are all touched when a loved one is given medical treatment. You, too, can give today to help ensure that future patients receive the same level of care that you or your loved one received. Please visit supportLPCH.org/grateful or call (650) 498-6168.



Leadership Giving



Upcoming Events

Circles of Leadership Reception

Wednesday, September 22
6:00 – 8:00 p.m., Menlo Park

Children's Circle of Care Celebration

Thursday, October 7
6:00 – 9:00 p.m., Atherton

For more event information, please contact Samantha Go at (650) 498-7633 or Samantha.Go@lpfch.org.

Circle of Care \$10,000 or more

Circle of Vision \$5,000 to \$9,999

Circle of Hope \$2,500 to \$4,999

Circle of Courage \$1,000 to \$2,499

Make a Gift that Lasts All Year

You can make a lasting impact on the children we care for by becoming a Monthly Giving Partner. Your automated monthly gifts will provide a steady stream of support for the Hospital. Plus, by joining the program, you can spread your contribution throughout the year. Sign up at supportLPCH.org/monthly or by calling (650) 497-8141.